

Please leave in Guest Room or Cottage

Silver Bay

YMCA of the Adirondacks



*Guide to
Member and Guest Services*



About Us

Experience Silver Bay on the shores of Lake George where genuine hospitality is a tradition. Silver Bay YMCA of the Adirondacks has been offering hospitality for over 100 years. As a non-profit organization, we are governed by a board of trustees that meets four times per year. We serve five major constituencies: our membership, our conferences, our family reunions, weddings, and our community.

Mission

The mission of Silver Bay YMCA of the Adirondacks is to offer all people the opportunity to renew, refresh and nurture their spirit, mind and body.

Vision

The vision of Silver Bay YMCA of the Adirondacks is to be an outstanding family conference center that provides quality service in a historically rich setting and is recognized as a welcoming community that connects generations, develops leaders, creates world mindedness and feeds the soul.



A Brief History

- 1900 Silas Paine has the Inn built
- 1901 Luther Wishard, Silver Bay founder, visits Lake George and recommends Silver Bay for YMCA staff training
- 1902 The Silver Bay Association is founded
- 1903 The first formal YMCA School is held at Silver Bay
- 1904 Silver Bay is chartered by New York State. "Twin shores of Slim Point," including 108 acres with a quarter mile of lake frontage, was purchased from Silas Paine for \$7,000
- 1906 Construction of the Auditorium begins
- 1906 Boathouse construction
- 1908 Auditorium is completed, then burns down
- 1909 Auditorium is reconstructed
- 1910 The first "experimental" scout leaders camp of the Boy Scouts of America was held at the site of the present Council Ring
- 1916 Fisher Gymnasium construction begins
- 1918 The Industrial Conference holds its first meeting. Now called Leadership Forum, this is Silver Bay's oldest conference
- 1918 Silver Bay's Boys School founded (closed 1934)
- 1921 The Chapel was built
- 1927 Road over Tongue Mountain constructed
- 1980 Housing provided to volunteers and staff of the Winter Olympics in Lake Placid
- 2002 Silver Bay celebrates its centennial
- 2006 The Silver Bay Association changes its name to Silver Bay YMCA of the Adirondacks.

Silver Bay
YMCA of the Adirondacks

www.silverbay.org 518.543.8833

To make your stay as comfortable as possible, we offer a variety of services for our members and guests (arranged in alphabetical order).

Guest Services

Alcohol

The possession and/or consumption of alcohol and/or drugs is not permitted on campus. Alcoholic beverages may be consumed at special functions on campus with prearranged permission. See Conference Services for details.

ATM - Banking Service

Although there is not an ATM machine located on campus, there is one located at Sal's Silver Bay General Store across Rt. 9N from the North entrance of Silver Bay Road. Personal checks up to \$50 may be cashed at the Front Desk.

The Breeze

The Breeze is a Silver Bay weekly newsletter of campus events and activities. The Children's Breeze is Silver Camp's weekly newsletter of Silver Camp activities. Copies are available at the Front Desk.

Business Center

Located in the lobby of the Inn, the business center is equipped with a fax machine, telephones, a copier, and Internet access. Please note that our business center is available for guests who need to complete business tasks. Please be considerate of others who need to use the center and the equipment.

Check in/Check out

Guest check in is located at the Front Desk in the Inn lobby. Please check with the Front Desk to assure that all of your charges are settled prior to your departure.

Check in anytime after 4:00 pm
Check out promptly by 11:00 am

Children's Programs

Silver Camp full day and Silver Camp half day programs are available during our summer season. Please contact the Front Desk for detailed information, registration forms and fees.

Child Care

During our summer season, Child Watch is available at the Children's Pavilion on designated days. Children age 6 months and older are provided activities supervised by trained staff. Reservations can be made at the Front Desk until approximately 6:00 pm the day of the child care. Reservations are on a first come, first serve basis with a limited number of spaces. Please see the Front Desk to make your reservation.

Coffee

Coffee is available at the dining hall at 6:30 am and at all meals. Coffee may also be purchased at The Store during the summer season.





Computer and Internet Access

Two computer stations are available in the Front Desk lobby area; these computers can be used for printing boarding passes and checking email.

Free wireless access to the Internet is available in the lobby of the Inn, Watson, The Store, McFeely lounge in Bayview Lodge, Brookside Community House, and Trinity House.

Concierge

Located in the lobby of the Inn closest to the Front Desk, the concierge desk is open during summer hours, and can assist you with information regarding program services, area activities, Silver Bay membership, and *Silver Spray* boat tours. During the off-season Front Desk personnel are available to assist guests.

Copy/Fax Services

Copies and fax services are available at the Front Desk. There may be a nominal charge.

Credit Cards

Silver Bay accepts Visa, MasterCard, American Express and Discover.

Cribs and Cots

Cribs and cots are available in rooms that have adequate space, and comply with fire safety regulations. They may be requested at the time of reservation, or upon arrival at the Front Desk.

Emergency Services

In case of emergency notify the Front Desk located in the lobby in the Inn at ext. 277 or 219, or the nearest Silver Bay employee. In the event that an employee is not available:

Fire, Police, or Ambulance: 911
Poison Control: 1-800-222-1222
Report the specific location of the emergency on campus
Silver Bay YMCA 518-543-8833 ext. 0

First Aid

Silver Bay has a nurse or EMT on duty during the summer seasons. Our nurse is on call 24 hours per day, 7 days per week during this time. If you are in need of assistance you can visit the health center, or contact the Front Desk located in the lobby of the Inn to page the nurse/EMT. Youth must be accompanied by a parent/guardian or an adult with signed consent for treatment.

Front Desk

The Front Desk has the answers for most of your questions. Guest services available at the front desk include guest messages, copy and fax service, special food requests, lost and found, stamps and mail, phone cards, check cashing up to \$50.00, flashlights, extra fans, hairdryers, iron and ironing board, etc. Limited personal hygiene products are available for purchase when the gift shop is closed.

Gratuities

In addition to lodging, food and membership rates, a 5% gratuity will be added to your bill at the close of your stay. Individual employees are not permitted to accept gratuities, however there are employee gratuity boxes located throughout the campus, if you desire to show additional appreciation for service received. Gratuities are disbursed to all employees.

Laundry

Coin-operated washers and dryers are located on the ground floor of the Administration building. A vending machine for detergent is located directly outside the Laundry Room. Laundry supplies may also be purchased in the Gift Shop. Change is available at the Front Desk.



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Guest Services

Lost and Found

Lost and found is located at the Front Desk in the Inn lobby. If you leave an item in your room, please call us and we will do our best to locate the item and return it to you. Items that are turned in to lost and found are held for a period of two weeks.

Mail

Personal mail may be picked up at the Front Desk after 10:00 am. If you have overnight mail shipped to Silver Bay, be aware that we only receive one late afternoon shipment per day.

Small packages, letters, and postcards may be mailed at the Front Desk daily. Out-going mail is picked up at 2:00 pm. Stamps, express mail, and any other postal needs are available for purchase at the Front Desk.

Maintenance

If something is not functioning in your room or cottage, contact the Front Desk to arrange for maintenance to make repairs.

Meals

Coffee & Continental Breakfast	6:30 am
Hot Breakfast	7:30 am-9:00 am
Lunch	11:30 am-1:00 pm
Dinner	5:30 pm-7:00 pm

Meals are included for all members and guests staying in full-service accommodations. Changes in meal times are posted in *The Breeze* and the Dining Hall doors. Guests staying in camp accommodations may purchase meal plans or individual meal tickets at the Front Desk. Meals for children 6 - 17 are half price. Children 5 years and under eat free when accompanied by a paying guest.

Messages and Incoming Calls

Messages and incoming calls are taken at the Front Desk. The guest name will be posted on the electronic message board to the right of the Front Desk. In the event of an emergency, Front Desk personnel will make every effort to locate the guest as soon as possible.

Name Badges

Your name badge serves many purposes; your campus identification, your pass to use program areas around campus, and your meal ticket. Please wear your nametag at all times. If you misplace it or damage it beyond recognition, see the Front Desk for a new one.

Notary Public

Silver Bay has a notary public on staff; please contact the Front Desk to schedule an appointment.

Parking

Please park in the designated parking areas: main parking area - across from the Dining Hall, Bayview parking lot, behind the dining hall, diagonal parking on the grass area on the service road on the north side of Hepbron Hall, space permitting. Please do not parallel park on the service road.

Pets

Pets are not allowed on campus, except for service animals. Owners are expected to clean-up after their service animals.



Quiet Hours

Quiet hours are observed throughout the Silver Bay campus from 11:00 pm until 7:00 am. Please be respectful of other guests.

Safe Deposit Boxes

Valuables may be stored in our safe, space permitting. See the Front Desk for assistance.

Sales Office and Conference Services

If you would like to bring a conference, wedding, or family reunion to Silver Bay please see a member of our Conference Services staff located near the Front Desk at the Inn. They will be happy to assist you.

Security

Silver Bay provides round-the-clock guest service personnel. If you have a security issue, please see the Front Desk. During the summer season, a night watchman is available from 2:00 am to 6:00 am when the Front Desk is closed. In the off-season, the director on duty is available by telephone.

Smoking

New York State Law prohibits smoking indoors, under any roof or awning and at the beaches. Please use cigarette disposals, which indicate smoking areas, and be considerate of others.

Special Food Requests

Birthday cakes can be ordered at the Front Desk with 48 hour notice. Trail lunches for hiking, box lunches for day of departure, and Silver Camp lunches can be ordered at the Front Desk 24 hours in advance.

Telephone

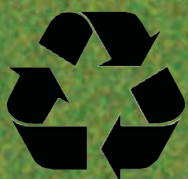
Cellular phone service can be unreliable in the Silver Bay area. Telephones are available in the Business Center located in the Inn lobby, and on the north side of the Inn porch. Phone cards are available at the Front Desk and in the Gift Shop or dial 9.1.800.CALL.ATT (1.800.225.5288) to charge the call to a credit card.

Trinity House Quiet Room

A "quiet room" is available in Trinity House for meditation, prayer and reflection. Contact the Spiritual Life office at ext. 293 for availability.

Vending Machines

Vending machines offering beverage and snack choices are located on the red tile area outside the Nurse's Office on the second floor of the Inn near the handicap parking area, inside Fisher Gym, Collins equipment center, and outside the laundry area.



Recycling

Reduce, reuse, and recycle. Recycling bins are located around the campus.



Things to Do and Places to See

Archery*

The archery field is located at the north end of campus, behind Paine Hall. During the summer, archery is available daily. Check out *The Breeze*, our weekly newsletter, for more details. Outside of the summer season, archery is available many weekends and during specially arranged sessions.

Beach*

Dive into the crystal clear waters of Lake George! Silver Bay has two spectacular beaches that will get you swimming or out enjoying the sun. Come swim laps or swim out to the floating dock at Bay Beach. Participate in swim lessons or play in the sand at Slim Point. Beaches are supervised by professionally certified lifeguards. Please see *The Breeze*, our weekly newsletter, for open hours.

Birthday Parties

Celebrations at the Bay offer a unique location for your next birthday party or celebration. Enjoy our facilities including the climbing wall, the craft shop, archery and kayaking (seasonal). For additional information please contact the Conference Services office located near the Front Desk at the Inn.

Boating*

Silver Bay's boathouse is equipped with kayaks, canoes, row boats, and sailboats and may be used at no charge by guests with full memberships. Boat slips are available for rent by the day, week or season, please see the Front Desk for information and fees.

See the sights of Lake George on the *Silver Spray* while the skipper narrates the historical and local significance of the area. The *Silver Spray* is a fine example of a vanishing breed of light mahogany, handcrafted, single-crew Lyman launches.

Schedules and prices can be obtained from the Front Desk or the Concierge Desk.

Chapel

The Chapel is open 24 hours a day for prayer and quiet reflection, except when scheduled for conference guests, weddings and other programs. Please see *The Breeze* for service hours.

Children's and Teen Programs*

Our Silver Camp half-day program serves children ages 6 weeks to 6th grade. Offered each weekday from 8:30 am to 11:30 am, and staffed by a dynamic team of children's leaders, this program offers plenty of time for games, exploring nature, music, crafts, fitness classes and of course making friends. Registration and additional fees are required.

Our Silver Camp full-day program serves youth entering 1st to 6th grade. In addition to the traditional morning program, this extended program offers daily swim lessons and extended recreation across the Silver Bay campus. Registration and additional fees are required.

Teen Programs are for youth in grades 7-12. Daily activities are tailored for and planned with teens to enjoy Silver Bay activities in their own special way. Daily meeting times vary and will be announced in *The Breeze*. Registration and additional fees required.



Climbing Wall

Challenge yourself at Silver Bay's 24-foot climbing wall. Whether you are a beginner, intermediate, or an advanced climber, the Climbing Wall is challenging and exciting for all. Professionally-trained staff will give you the opportunity to learn climbing and route selection. Individual sign-ups can be made at the Climbing Wall. To schedule a group session and arrange for group rates (10 or more), please contact the Program Department at ext. 211. Waiver forms and an additional fee are required for all participants. Climbers under 12 must be accompanied by an adult.

Collins Equipment Center

Borrow sports equipment and games at the Collins Equipment Center on the west side of the boathouse. Collins is also the place to sign up for tennis tournaments, private tennis lessons, 3-on-3 basketball, ping-pong tournaments, and other great activities at Silver Bay*.

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|-------------|------------|------------------|
| Basketball | Frisbee | Soccer |
| Board Games | Horseshoes | Shuffleboard |
| Badminton | Cards | Softball |
| Bocce Ball | Puzzles | Volleyball |
| Football | Wiffleball | Tennis equipment |

*Craft Shop**

Put on your creative hat and enter the Silver Bay craft shop! Design a silver bracelet, shape a vase on the potter's wheel, weave a table runner, or create a stained-glass masterpiece. Skilled artisans offer workshops in silver jewelry, stained-glass design, basketry,

weaving, pottery, copper enameling, and more. Each craft session offers adults and children the opportunity to work in an art form for the first time or to fine-tune existing skills. During the summer, guest artists in residence offer unique and contemporary arts to guests and the surrounding community. All craft projects carry an additional material fee.

Fitness Center

The fitness center is located in The Fisher Gymnasium and offers the freedom of individual workouts. The cardio equipment features treadmills, a StairMaster, and exercise bikes. Strength training equipment includes free weights and Cybex stations.

During the summer, the fitness center is professionally staffed. The fitness center is available for individuals over the age of 16; a waiver form is required and may be completed upon arrival. During off-season waivers are filled out at the Front Desk.

Please see *The Breeze*, our weekly newsletter for the schedule of fitness classes and locations.

Family Weekends

Come back and join us spring and fall weekends for a variety of activities and fun. Visit our website at www.silverbay.org for additional details.

Family Reunions

Let Silver Bay YMCA of the Adirondacks be the ideal place for your next family reunion to celebrate milestones, wedding anniversaries, special birthdays, or just to come on vacation together- spring, summer, winter, or fall. We can help with all the planning; provide meals, programs, and accommodations for any family size. Contact the Conference Services staff to start planning today.



Things to Do and Places to See

Gift Shop

Visit our gift shop located in the lobby of the Inn for all your Silver Bay memorabilia, apparel, personal necessities, and phone cards.

Heritage Hall

See artifacts from Silver Bay's earliest days and learn about our history and traditions. Located in the northwest corner of the Inn on the first floor.

Hiking Trails

Enjoy a breathtaking view from Inspiration Point overlooking Lake George or any of the other trails leading west of campus. Trail maps are available at the Front Desk. Be sure to sign in and out at the trailheads, carry water, and dress for the weather. Guided hikes can be arranged at the Nature Center.

Ice Cream Store*

The Store was built around 1905 and has served as the general store, post office and gift shop. Today The Store offers Silver Bay guests home-made ice cream, fresh-brewed coffee, teas, crepes, pizza, and more. The Store is your place for morning newspapers, wireless internet and evening entertainment. Open during the summer months and on special weekends in the fall. See *The Breeze*, our weekly newsletter, for more information and hours of operation.

Labyrinth

The labyrinth is an ancient walking meditation tool that has been revived in our society over the past fifteen years. Labyrinth walking can help us to find a quiet, transparent and personal space within ourselves where we can focus on ideas and feelings. It can be used as a place to visit an important piece of work in progress, a place that offers a moment to resolve conflict, a safe place to feel inspired and

renewed. While walking the path on the labyrinth, one is keenly aware of the common bond that we all share with one another, no matter what path in life we travel. This is an important realization that we are all on this good earth together for the purpose of building community. The Silver Bay labyrinth is located just north of Slim Point and is available 24 hours a day, 7 days a week for reflection and meditation.

Letterboxing

Letterboxing is an intriguing pastime combining navigational skills and rubber stamp artistry in a "treasure hunt" style outdoor quest. Choose from a short walk on campus or a hike for an introduction to a hobby that suits all ages and experience levels. Stop by the Front Desk for letterboxing kits including everything you need. Available anytime.

Library

Sit down with a good book from the Silver Bay Library. The Library has a wide range of books for all ages. Check one out any time of day as the Library is open 24 hours a day, 7 days a week. During the summer, come share discussion of the featured book of the week and share other books you have read and enjoyed in the past. See *The Breeze*, our weekly newsletter, for meeting times and locations. The recommended book list is available in the library or at the Front Desk. To purchase a copy of the books listed please see the librarian or the Gift Shop during the designated week.



Music*

Enjoy the string quartet, the summer musical, variety shows, and guest musicians all summer long at Silver Bay. Throughout the summer, Silver Bay offers a variety of music programs for members.

Worship Choir – Come sing your heart out every Sunday with the Worship Choir. Choir rehearses before worship and is open to all. See schedule below.

Quartet Concerts – Every week, enjoy the melodies of the Silver Bay String Quartet.

Summer Musical – Every August, Silver Bay employees present a musical in the historic Auditorium, a tradition since 1949. Silver Bay staff members stage the production during the second weekend in August.

Variety Shows – Throughout the summer, enjoy funny skits, great music, and all around talent at the Silver Bay Variety Show. Shows are at various times throughout the summer. Please see *The Breeze*, our weekly newsletter, for more information.

Open-mic Nights – During the summer, come check out the talent at The Store or even participate yourself. Please see *The Breeze*, our weekly newsletter, for more information.

Nature Center*

Interested in learning more about ferns, mushrooms, birds, or just nature in general? Visit the Nature Center, located behind the Children’s Pavilion. The Nature Center is the home of many displays of animal species and plants native to the Adirondacks. The entire family will enjoy learning about the natural history of the Lake George region. During the summer months, you can participate in stream studies, nature hikes, bird watching and identification, astronomy and evening lectures and guided hikes. The nature hike program is designed to meet the needs of a wide variety of ages and experience levels.

Running and Jogging

Runners at Silver Bay enjoy running along Silver Bay Road (1.3 miles from end to end) or cross-country around campus and on the hiking trails. When running along Silver Bay Road, be sure to face traffic and wear light colors or reflective clothing if running in the early hours or twilight.

Watercolor Classes*

Watercolor paintings by resident artists hang from the walls of the many historic buildings on the Silver Bay campus. Many of the artists took their first watercolor class at Silver Bay and continue to paint today. It is common to see adults and youth sitting on stools with their pallets in the unlimited scenic locations on the Silver Bay campus. Watercolor classes are for beginners as well as those with all levels of experience. Silver Bay’s artists-in-residence will introduce you to the world of watercolor and help you take your paintings to another level! Please see *The Breeze*, for more information.

Sunday Worship*

The standard schedule for Sunday morning worship at Silver Bay is 8:30 am Communion, 9:15 am Choir Rehearsal, 10:00 am Worship. During the rest of the year, services are held at the Chapel as announced. Local houses of worship are listed on page 11.

**In-season only*



Our Surrounding Community

Adirondack Park

Silver Bay YMCA is located in the Adirondack Park, created in 1892 by the State of New York to help preserve the water and timber resources of the region. The Adirondack Park is the largest publicly protected area in the contiguous United States, greater in size than Yellowstone, Everglades, Glacier, and Grand Canyon National Parks combined. The Park encompasses approximately 6 million acres, nearly half of which belongs to the people of New York State and is constitutionally protected to remain a "forever wild" forest preserve. The remaining half of the Park is private land which includes settlements, farms, timber lands, businesses, homes, and camps.

Amusement Parks

Magic Forest
Lake George Rd & State Rt.9, Lake George
www.magicforestpark.com 518.668.2448

The Great Escape and Splashwater Kingdom
1172 State Route 9, Lake George
http://www.sixflags.com/greatEscape 518.792.3500

Banking

TD Banknorth (ATM)
4945 Lake Shore Dr, Bolton Landing 518.644.3421

Glens Falls National (ATM)
Wicker Street / Rt.9N, Ticonderoga 518.585.3621

Churches

Blessed Sacrament Roman Catholic Church
West Hague Road, Hague 518.543.8828

Hague Baptist Church
West Hague Road, Hague 518.543.6365

Hague Wesleyan Church
West Hague Road, Hague 518.543.6545

Silver Bay is located in the Town of Hague,
Warren County, NY in the Adirondack Park

Dog Boarding

Meadow Brook Farms - Grooming and Boarding
Sand Hill Road, Hague 518.792.3500

Fort Ticonderoga

A fascinating and historic site to see in our area is Fort Ticonderoga, the 18th century fort from the French and Indian War and American Revolution, museum of military history, and historic gardens on Lake Champlain. Open daily early May through mid-October.

Fort Road, Ticonderoga 518.585.2821

Gas Stations/Car Repairs

Lake Shore Garage
West Hague Road, Hague 518.543.6556

Sal's Silver Bay General Store (ATM)
Silver Bay Road and Rt.9N, Hague 518.543.6441

Jay's Sunoco
Montcalm Ave, Ticonderoga 518.585.6534

Stewart's Shop and Gas Station
Main Street and Rt.9N, Bolton Landing 518.644.9341

Golf Courses

Ticonderoga Country Club
Rt. 9N, Ticonderoga 518.585.2801

The Sagamore
Rt. 9N, Bolton Landing 518.644.9400

Cronins Golf Course
Golf Course Road, Warrensburg 518.623.9336



Groceries

Sal's Silver Bay General Store (ATM)
Silver Bay Road at Rt. 9N, Hague 518.543.6441

Movie Theaters

Aviation Mall Cinema
578 Aviation Road, Glens Falls 518.793.3332

Glen Drive-In Theatre
Rt. 9 - Lake George Road, Glens Falls 518.792.0023

Post Office

Silver Bay Post Office, Rt. 9N 518.543-6613

Restaurants

Hague Firehouse Restaurant
9813 Graphite Mtn. Rd, Hague 518.543.6266

The Uptown Store
9819 Graphite Mtn. Rd, Hague 518.543.6202

Eddie's Restaurant
68 NY State Rt. 9, Ticonderoga 518.585.7030

Carillon Restaurant
68 NY State Rt. 9, Ticonderoga 518.585.7657

Old Mill Cafe
133 Montcalm Street, Ticonderoga 518.585.7973

Emeralds Restaurant -Ticonderoga Country Club
Hague Road, Ticonderoga 518.585.7435

The Wagon Wheel Restaurant
Wicker Street, Ticonderoga 518-585-7755

Shopping

Factory Outlets of Lake George
Exit 20 off Interstate 87 (Adirondack Northway)

Hague Market
9844 Graphite Mountain Rd, Hague 518.543.6555

Juniper Designs & Gifts
9820 Graphite Mountain Rd, Hague 518.543.6812

Wal-Mart Supercenter
Rt. 9N, Ticonderoga 518.585.3060

Rite Aid Pharmacy
Rt. 9N, Ticonderoga 518.585.6787

Transportation

Northeast Shuttle Service (Albany) 518.235.8100

Premier Express (Albany) 518.489.3441

Adirondack Cab (Ticonderoga) 518.585.2222

Today's Limousine (Albany) 518.452.4242

White Cab (Lake George) 518.668.8888

Adirondack Trailways 800.858.8555

Upstate Charter Bus Service 518.584.5252

Premier Charter Bus Service 800.532.1811

Amtrak passenger trains 800.872.7245

Enterprise Rent-A-Car 800.736.8222

Ticonderoga Ferry - NY to VT
4675 Route 74 West, Shoreham, VT 802.897.7999
(Operates mid-May to mid-October)



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