

## Daily Operating Hours

Archery (Full)		Archery Hours	
Guests ages 6 and older may participate in our daily program as well as our clout shoots.	<b>Sat/Mon/Tues/Thurs/Fri:</b> 9 a.m.-NOON; 1-5 p.m. <b>Sun:</b> 1-5 p.m. <b>Mon:</b> 7-8 p.m. <b>Wed:</b> 1-5 p.m. Wed Clout Shoot: 7-8 p.m.		
Beaches (Full)		Bay Beach	Slim Point
Bring the family to Bay Beach or Slim Point for swimming fun during beach hours!	<b>Daily:</b> 6:30-7:30 a.m., 10-11:30 a.m., 2-5:30 p.m., 7-8 p.m.		<b>Daily:</b> 10 a.m.-5:30 p.m.
Boathouse (Full)		Boathouse Hours	
Access to kayaks, canoes, row boats and sailboats, plus lessons and safety courses.	<b>Daily:</b> 8:30 a.m.-8 p.m.		
Climbing Wall (Full)		Climbing Wall - Open Climb	
Climbing classes are scheduled throughout the week (see "Climbing Wall" section for details). During Open Climb, trained instructors will belay while you climb. All sessions \$8 per session per participant. Sign up at the Front Desk.	<b>Sun:</b> 9-11 a.m. <b>Mon / Fri:</b> 9-11 a.m. & 7-9 p.m. <b>Wed:</b> 7-9 p.m. <b>Sat / Tues / Thurs:</b> 3-5 p.m.		
Collins (Full)		Collins Hours	
A wide variety of athletic equipment is available (horseshoes, shuffleboard, tennis, basketballs, volleyballs, softballs, nerf balls, frisbees, etc.) as well as games and puzzles galore! Lessons, tournaments and special events are scheduled regularly.	<b>Daily:</b> 8:30 a.m.-10 p.m.		
Craft Shop (Basic/Full)		Craft Shop Hours	
Crafts include: silver jewelry, leather crafts, copper enameling, adult advanced enameling, stained glass, beading, basketry, stepping stones, pottery, glass mosaics and fused dichroic glass jewelry.	<b>Mon / Tues / Fri:</b> 9 a.m.-NOON; 1-5 p.m. <b>Wed / Thurs:</b> 9 a.m.-NOON, 1-5 p.m., 7-9 p.m. <b>Children's Craft Shop Mon-Fri:</b> 1-5 p.m. <b>Craft Project Pick-Up Sat:</b> 9 a.m.-NOON		
Fitness Center (Full)		Fitness Center "Open" Hours	
Fitness and relaxation classes are scheduled throughout the season (see "Fitness Fun" section for times and descriptions). You are also welcome to work out at your own pace on our Cardio and Cybex machines during "open" hours.	<b>Daily:</b> 6:30-7:30 a.m.; 8:30 a.m.-NOON.; 1-6 p.m.; 7-10 p.m.		
Fisher Gymnasium (Full)		Fisher Gym Hours	
Basketball, table tennis, badmitten, volleyball during open hours.	<b>Daily:</b> 6:30 a.m.-10 p.m.		
Gift Shop (All)		Gift Shop Hours	
Bring home a piece of your stay at Silver Bay. The Gift Shop also stocks travel essentials you may have forgotten to pack.	<b>Sun:</b> 11-5 p.m. <b>Mon - Thurs:</b> 10 a.m.-7 p.m. <b>Fri / Sat:</b> 10 a.m.-8 p.m.		
Health Office (All)		Health Office Hours	
On call 24 hours/day, 7 days/week. Youth under 18 <i>must</i> be accompanied by a parent or person with signed consent for medical treatments.	<b>Mon - Fri:</b> 8 a.m.-4 p.m., 7p-8p <b>Sat:</b> 8-9 a.m., 7-8 p.m. At other times contact the Front Desk for on call medical assistance.		
Library (All)		Library Hours	
All members may check out books from our collection.	<b>Daily:</b> 8 a.m.-10 p.m. Children's Story Hour Mon-Fri: 12:30-1 p.m.		
Nature Center (Full)		Nature Center Hours	
Educational hikes, walks and classes are offered regarding the surrounding area of Silver Bay.	<b>Daily:</b> 8 a.m.-7 p.m.		
The Store (All)		The Store Hours	
Offering ice cream, sorbet, coffee, crepes, smoothies, pizza, and much more! Board games always available! Entertainment or activities 2 days a week. Store on Wheels selling refreshments each afternoon at stops from archery to Slim Point! Call ahead for take-out! ext. 227	<b>Daily:</b> 7:30 a.m.-1:30 p.m. 4:30 p.m. - 11 p.m. <b>Store on Wheels:</b> 2-4 p.m. (Ice cream and pizza served after 11 a.m.)		

# The Breeze

Silver Bay  
YMCA of the Adirondacks

SAT. June 26 – FRI. July 2, 2010

Weekly newsletter of everything you can do at Silver Bay

## WELCOME!

### Conferences

- North Country Tri
- Au Pairs
- Living Hope
- Waterville Schools
- Music Camp
- Bike & Build
- Upward Bound

- Mission Bustista Hispana de Westchester
- Girl Scouts of Clifton Park

- Smith

### Family Reunions

- Allen
- Chandler
- Peebles
- Heidengren
- Wade
- Penfield
- Lorenz

### Weddings

- MacDondald/Morse
- Alexandria



## Impacting Lives & Growing Communities

### Make A Difference...Volunteer.

Volunteers are needed from gardening to the ice cream store. Volunteers are also wanted to staff water stations on the run portion of the North Country Triathlon Saturday morning, June 26.

For more information, please contact Carroll LaPann: Clapann@silverbay.org or 518-543-8833, x207

All programs and locations subject to change.

### UPCOMING EVENTS

#### New York State Safe Boaters Course

July 4-5, July 12-13, August 2-5, August 9-12

The course is designed as a comprehensive boating course, teaching the fundamentals of safe boating operation. To operate a personal watercraft, one must hold a safety certificate. Persons 10 yrs to 18 yrs must hold a safety certificate in order to operate a motorboat. Must be at least 10 yrs old by the first class and all class sessions are mandatory for a total of 8 hrs. Bring a pencil, workbooks will be provided. Additional fee is required.

#### Tennis Extravaganza

July 9-10 • 8:30 a.m. • Tennis Courts

The "must-do" tennis event of the summer. Highly qualified visiting USTA coaching professionals instruct an intense two-day workshop guaranteed to hone your strokes and strategies. For ages 15 years and up. Additional fee is required.

#### First Aid/CPR/AED for Schools and Community

July 26-28 • 8:30 a.m.

Participants learn to recognize and respond to emergencies including shock, cardiac and breathing emergencies for adults, children and infants, heat and cold emergencies, sudden illnesses and first aid. The course takes 7 hours and certifies first aid (valid for 3 years) and adult/child/infant CPR AED (valid for 1 year). Participants must 16 years old or older. Additional fee required.

#### Dance Week

July 26-30

Learn to merengue, tango, foxtrot, swing and salsa with David & Nina Endicott, two of the New York City dance instructors featured in the documentary "Mad Hot Ballroom". Daily lessons followed by the Silver Bay Ball on Friday July 30 (Ages 16 and up).

### SPECIAL PROGRAMS

#### Archery Instructor Level 1 Course

Sat. June 26 • 9-5 p.m. • Archery Field

NAA Level 1 Basic Archery Instructor class is for students 16 yrs or older. No prior experience is necessary. The class reviews how to set up and operate a safe short-term archery program, how

to teach new archers, how to maintain program equipment, and learn common shooting errors and corrections. Additional fee is required.

#### USTA-Recreational Coaches Workshop

Sat. June 26 • 9-3:30 p.m. • Collins

This program is taught by USTA professionals and is perfect for camp staff and individuals who want to grow in the sport and increase knowledge in tennis instruction. This workshop is geared towards adults and teens (age 13-17). Additional fee is required.

#### Preservation Carpentry Program

June 28-Aug. 20 • Times based on availability • Auditorium

Learn preservation carpentry skills and be part of "the crew" refurbishing the Auditorium. Under the leadership of skilled and experienced professionals repair, rebuild or replace doors, windows, siding and seats. Participants must be 16 yrs or older. Space is limited. Please sign up at the front desk.

#### Music Camp

June 28- July 9

Students grades 5th-9th choose one week or two week sessions of band, chorus, orchestra, jazz ensemble rehearsals, private lessons including piano and guitar. Music Camp Recital is July 2nd & 9th. Additional fee required.

#### Shortest Fourth in the North

Fri. July 2 • 11 a.m. • Silver Bay Drive

Don't miss Silver Bay's annual celebration of Independence Day. The parade route begins at the Dining Hall and ends at the Inn Circle.

#### EAF Dessert Reception

July 2 • 7-8 p.m. • Erc

Calling all emps! This is a great chance to meet current and former emps while enjoying something sweet and relaxing by the lake.

## CONCERT & LECTURE SERIES

### Basic/Full Membership

**Music Recital - Beethoven Serenade, Loiellet Sonata**  
Sunday • 8-9 p.m. • Chapel

**Lake Champlain Line of the Underground Railroad**

**Tuesday • 8-9 p.m. • Watson**

Join us with Don Papson, President of North County Underground Railroad Historical Association, to learn about the route scores of freedom seekers followed to liberty in the North Country and Canada.

**Art Series with Kathy Becker**

**Wednesday • 8-9 p.m. • Watson**

*Painting on Location with Mel Stabin*

**Nature Series with Tom Lord PHD**

**Friday • 8-9 p.m. • Watson**

## SPECIAL INTEREST

### Basic/Full Membership

**Bridge**

**Monday • 7:30-10 p.m. • Gullen**

**Book Talk Group**

**Thursday • 9-10 a.m. • Boathouse (Library if raining)**

Share discussion of the featured book and other books you have read and enjoyed. This week's book is *"Book Thief"* by Marcus Zusak.

## ART PROGRAM

### Basic/Full Membership

**Craft Shop**

Crafts for all ages and ability levels. Projects include: adult enameling, silver jewelry, leather crafts, copper enameling, stained glass, beading, basketry, stepping stones, pottery, glass fusing. Please see the craft shop for specific schedule, age requirements and prices.

**Chair Caning with Al Sopper**

**Monday • 1-4 p.m. • Craft Pavilion**

Practice on one of several rockers from the Inn Porch that we need to continue to refurbish.

**Fused Dichroic Glass Pendant with Janet Sopper**

**Tuesday • 1-4 p.m. • Craft Shop**

Material fee, min. age of 18 yrs. Pre-sign up at the Craft Shop (limit of 10 per class)

**Painting with Enamels with Donnabelle Casis**

**Wednesday • 1-4 p.m. • Craft Shop**

Donnabelle Casis is a professional artist with an MFA in painting from the University of Washington School of Art. Her workshop will be on "Painting with Enamels", learning to create layered, multicolored detailed designs with glass enamels. Limit of 6 per class, min. age of 18 yrs.

**Teen Art**

**Monday-Friday • 9-11:30 a.m. • Watson**

Express yourself through art with your peers. Teens entering grades 7th through 12th will experience several different mediums from watercolor to drawing to pottery. These classes are designed specifically for this age group. Additional fee for materials

**Watercolor Program**

**Monday-Friday • 9-11:30 a.m. • Watson**

Adults from beginner to expert are welcome to join in on painting a Silver Bay scene. A \$12 fee will start you off with all you need. Student work is displayed daily in Watson.

## SPIRITUAL LIFE

### Basic/Full Membership

**Communion Service • Sunday • 8:30 a.m. • Chapel**

**Choir Rehearsal • 9:15 a.m. • Chapel**

All are welcome.

**Workshop this Week • Sunday • 10 a.m. • Chapel**

Preaching this Sunday will be Carol Fournier, Director/Co-founder of the Silver Dove Institute, Williston, VT.

**Sunday School**

Children 4 and older may attend following the Children's Message and will meet their parents at the close of Worship. Complimentary Sunday Service child care for ages 4 and under is available in the Children's Pavilion from 9:45 -11:15 a.m.

**Evening Vespers, A Time for Spiritual Refreshment**

**Mon-Sat • 7:15 p.m. • Chapel**

Enjoy inspirational words and Silver Bay's String Quartet.

**Sunday • 7:15 p.m. • Chapel**

Hymn sing: participate in a time of musical reflection..

**Spiritual Direction: A Way to Deepen Your Spiritual Life**

**Monday • 9-10:15 a.m. • Spiritual Life Tent**

Come and consider questions about the Spirit, and Spiritual Direction. Led by Julie Cook.

**Centering Prayer/Meditation**

**Tuesday • 10:30-11:45 a.m. • Spiritual Life Tent**

A few minutes every day of quiet prayer/meditation improves our overall health and sense of well being. Led by Noelle Nielsen and staff.

**Growing Older Gracefully, Through the Seasons of Our Lives**

**Wednesday • 9-10:15 a.m. • Spiritual Life Tent**

A discussion of issues raised during mid-life and beyond: The challenges of ages, stages, and transitions. Led by Cathy Paparella.

**Bible Study: How to Access the Power of God**

**Wednesday • 10:30-11:45 a.m. • Spiritual Life Tent**

Enjoy intimacy with God, enter the biblical texts, and then emerge to offer your spiritual experience to those you encounter along the journey. Led by Rev. Dan O'Conner.

**Bible Study: Where Would We Be without St. Paul?**

**Wednesday • 8-9 p.m. • Sproul Pavilion**

Who was Saint Paul? Which seven letters are attributed to him? What were some of the issues the "churches" were dealing with? Come and explore the answers to these questions. Led by Cathy Paprella.

**Love languages: Stage Two**

**Thursday • 9-10:15 a.m. • Spiritual Life Tent**

This class will focus on the differences in personality styles of spouses. This is an enjoyable and insightful opportunity to grow our marriages in healthy and constructive ways. Led by Rev. Bruce Tamlyn.

## SILVER SPRAY

### All Members

**Boat Tours**

Learn about the history of Lake George aboard our classic mahogany launch. Please see the Front Desk for details and to sign up for the tour of your choice. Additional fee required.

**Explorer Cruise**

1:15-2:15 p.m. • Sat/ Sun/ Fri

9:15-10:15 a.m. • Thurs

3-4 p.m. • Mon

6:45-7:45 p.m. • Tues/ Wed/ Thurs

**Mother Bunch Cruise**

9:15-10:15 a.m. • Mon/ Wed/ Fri

1:15-2:15 p.m. • Mon

3-4 p.m. • Tues/ Wed/ Fri/ Sat

4:15-5:15 p.m. • Sun

**Gull Bay Cruise**

9:15-10:15 a.m. • Tues/ Sat

1:15-2:15 p.m. • Wed

3-4 p.m. • Sun/Thurs

6:45-7:45 p.m. • Mon/Fri

**Needle's Eye Cruise**

10:30-11:15 a.m. • Mon-Fri

4:15-5 p.m. • Mon/Fri/Sat

**Paradise Bay Cruise**

1:15-2:45 p.m. • Tues

**Roger's Rock Cruise**

1:15-2:45 p.m. • Thurs

## SWIM LESSONS

### Full Membership

Lessons for \$16 per week. A full membership and registration are required.

**Parent/Child Swim Lessons**

**Monday - Friday • 1:30-2 p.m. • Slim Point**

Open to children ages 2 - 4 years old.

**Polliwogs, Guppies, Minnows**

**Monday - Friday • 1:30-2 p.m. • Slim Point**

Open to children ages 5 and up.

**Fish, Flying Fish, Shark, Porpoise**

**Monday - Friday • 1:30-2:15 p.m. • Bay Beach**

Open to children ages 5 and up.

## FITNESS FUN

### Full Membership

**Fitness Center**

Workout on your own on our extensive selection of cardio and Cybex machines.

**Fit Walk**

**Monday/Friday • 6:30-7:30 a.m.**

Get your heart rate up and enjoy an early morning walk.

**Yoga**

**Monday 8:30-9:30 a.m.**

**Wednesday/Friday • 9-10 a.m.**

Improve inner mental focus while strengthening total-body muscles through poses and relaxation.

**Core Training**

**Monday/Wednesday/Friday • 3-4 p.m.**

Low impact class focused on abs, backs and hips

**Tai Chi**

**Tuesday/Thursday • 9-10 a.m.**

A no impact class focused on body awareness and centering the body through slow rhythmic movements.

**Cardio Kickboxing**

**Tuesday/Thursday 3-3:30 p.m.**

Medium impact class designed to get your heart pumping.

## CLIMBING WALL

### Full Membership

**For all climbing wall classes, ticket must be presented at the climbing wall. Please pay an \$8 fee in advance at the Front Desk.**

**Open Climb**

**Sun • 9-11 a.m.**

**Mon/Fri • 9-11 a.m. & 7-9 p.m.**

**Wed • 7-9 p.m.**

**Sat/Tues/Thurs • 3-5 p.m.**

Trained instructors will belay while you climb the wall as many times as you like. During this session you can attempt a route, practice your technique, or try some speed climbing. Qualified climbers may belay their friends and family.

## THE STORE

### All Members

**Trivia Quiz Nite**

**Tuesday • 8 p.m.**

Round up your smartest friends and family members in teams of 4 -8 for a fun-filled hour of friendly competition. Six rounds of 10 questions each—great for all ages!

**Ice Cream Presentation - Ravens**

**Thursday • 7:00 p.m.**

On Tuesdays, the Children's Program creates their own ice cream flavor and on Thursdays, the children introduce their flavor and invite you to try their new creation. (Regular prices apply.)

## Understanding the New Membership Badges

In order to better serve our guests, we have created three levels of membership benefits: Friends of Silver Bay, Basic Membership, and Full Membership. Please take note when reading the Breeze and attending programs which membership level applies. Stop by the front desk for more information.

**ChildWatch**  
**Tuesday / Thursday • 7:00-10:00 p.m.**  
**Children's Pavilion**

Trained staff will provide supervised activities for children - ages 6 months and older - of Silver Bay guests. ChildWatch reservations should be made at the Front Desk by 6 p.m. the evening prior to service being needed. Please confirm the session with the Front Desk before taking your children to the Children's Pavilion. The fee is \$14 for the first child and \$7 for each sibling per evening.

**An Important Note About Parking** - Parents, bringing children to and from the Children's Programs, are asked to park west of Fisher Gym and walk to the Children's Program sign-up tent east of the gym. For More Information, see page 7.

**TEEN PROGRAM**

**Full Membership**

**Eagles (7th - 8th grade)**  
**Falcons (9th - 12th grade)**

**Mon-Fri • 8:30-11:30 a.m.**  
Activities may include hiking, campfires, performances, boating and leadership opportunities.

**\*Please check the Children's Breeze for more info!**

**NATURE PROGRAMS**

**Full Membership**

**Saturday**  
• Hike - Sunrise Mountain, 9-11:30 a.m. (moderate, 4 mi.)

**Sunday**  
• Hike - Jabez Pond, 9-11:30 a.m. (moderate, 4 mi.)

**Monday**  
• Hike - Lost Pond, 9-11:30 a.m. (moderate, 4 mi.)  
• Hike - Uncas Waterfall, 2-4:30 p.m. (moderate, 4 mi.)

**Tuesday**  
• Birdwatching Walk (meet at the Inn - South Porch), 6:30-7:30 a.m. (easy, 1 mi.)  
• Hike - Bob James Trail, 9-11:30 a.m. (difficult, 4 mi.)  
• Hike - Uncas Cliff, 2-4:30 p.m. (difficult, 4 mi.)

**Wednesday**  
• Hike - Rookery Pond, 9-11:30 a.m. (moderate, 3 mi.)  
• Hike - Skipper Mac's Cairn, 2-4:30 p.m. (moderate, 3 mi.)

**Thursday**  
• Hike - Sunrise Mountain, 9-11:30 a.m. (moderate, 4 mi.)  
• Hike - Hudoshone Lean-To, 2-4:30 p.m. (moderate, 4 mi.)

**Friday**  
• Birdwatching walk (meet at Inn - South Porch), 6:30-7:30 a.m.  
• Hike - Bob James Trail, 9-11:30 a.m. (moderate, 4 mi.)  
• Hike - Little Jabez Pond, 2-4:30 p.m. (difficult, 5 mi.)

**COLLINS**

**Full Membership**

**Tennis Round Robin - Weekly July 11-August 15**  
**Sun • 1-3 p.m. • Tennis Courts**

**3-on-3 Basketball Tournament**  
**Monday • 4-5 p.m. • Outdoor Court**

**Weekly Tennis Lessons**  
Children's Lessons M-F 8-8:30 a.m. Court 5&6  
Adult Lessons M-F 8:30-9:30 a.m. Court 5&6  
Tiny Tennis Tues 7-7:30 p.m. Court 5&6  
*Private lessons are available for an additional fee.*

**Recreational Doubles**  
Intermediate Recreational Doubles M-F 9-11 a.m. Ct 3-4  
Advanced Recreational Doubles M-T 10-noon Court 1

**Tennis Competitive Play:**  
Our weekly tournaments are fun events for the recreational player, and generally draw the 3.0 - 4.5 level player. To play, sign-up in Collins by Monday at noon. Play begins Monday at 4 p.m.  
July 5 Grand Slam Tournament  
July 12 Men's and Women's Singles  
July 19 Chocohumongo (18yrs player with >19 yrs player)  
July 26 Men's and Women's Doubles  
Aug 2 Mixed Doubles  
Aug 9 Men's and Women's Doubles  
Aug 16 Grand Slam

**ARCHERY**

**Full Membership**

**Build Your Own Arrow**  
**Tuesday • 3-4 p.m. • Archery**  
Class size is limited. Please sign up at the Archery Range.

**Clout Shoot**  
**Wednesday • 7-8 p.m. • North Field**  
Experienced archers only please.

**Team Competition**  
**Thursday • 3-5 p.m.**  
Teams of two; a great family activity.

**Individual Competition**  
**Friday • 3-5 p.m.**  
All levels welcome.

**Silver Bay Archery Champion Contest**  
See archery instructors for more information.

**BOATHOUSE**

**Full Membership**

**Sailboat Screening Test**  
**Daily • 9 a.m.-1p.m.**  
To use Silver Bay sailboats during your stay, members must demonstrate their sailing skills.

**Basic Sailing Lessons**  
**Monday - Thursday • 9-11:30 a.m. or 1-4 p.m.**  
A four-day course. The course teaches the fundamentals of sailing to members with little or no previous sailing experience. Minimum age 12 years.

**Kayaking Lessons**  
**Mon-Tues or Wed-Thurs • 2:30-3:30 p.m. or 4-5 p.m.**  
Four two-day classes are available. Learn basic kayak strokes, entry/exit and rescue techniques.

**Sunfish Sailing Race**  
**Friday • 9 a.m. sharp!**

**Food & Spirituality: Eating Mindfully--Our Relationship to Food**  
**Thursday • 10:30-11:45 a.m. • Spiritual Life Tent**  
We will look at our relationship with food and identify those patterns and behaviors that support a healthy lifestyle. In our fast paced culture, how do we support our spiritual growth through mindful eating? Led by Rev. Bruce Tamlyn.

**Spiritual Practices for Deepening Our Daily Joy**  
**Friday • 9-10:15 a.m. • Spiritual Life Tent**  
Joy is the goal and is God's intention for us. Looking at the work of Richard Foster and others, there are a number of daily rituals and practices that we can engage in to manifest the joy God intended for us. Led by Bruce Tamlyn.

**Mens's Spirituality: What does it mean to be a Man? Husband? Father?**  
**Friday • 10:30-11:45 a.m. • Spiritual Life Tent**  
As men, how do we grow spiritually to deepen our capacity to love and to live life in wholeness and in joy? We will explore the roles we play of king, warrior, magician and lover. Led by Rev. Bruce Tamlyn.

**Men's Prayer Breakfast**  
**Friday • 7:30 a.m. • Boathouse**

**Pastoral Counseling, Spiritual Direction and Marriage Support**  
We invite you to speak with one of our chaplains or counselors. Please feel free to stop by the Trinity House or call 543-8833, ext. 293.

The Silver Bay Labyrinth is located just north of Slim Point and is always available for reflection and meditation. To arrange group or individual walks - such as family or conference walks - please contact Spiritual Life Dept at ext. 293.

**Introduction to the Labyrinth**  
**Monday • 10:30-11:45 a.m. • Spiritual Life Center**  
Learn more about how this ancient walking meditation helps quiet our minds, heal our hearts and soothe our souls. Led by Julie Cook and Katie Smith.

**Labyrinth Walk**  
**Wed, Fri • 4-5 p.m. • Outdoor Labyrinth**  
Come walk the Labyrinth and experience a state of inner calm. Led by Julie Cook and Katie Smith.

**HOLISTIC HEALING**

**Basic Membership**

Message Therapy and Reiki Energy Healing sessions. These sessions will be provided by certified insured professionals. Appointments can be made at the front desk during your stay.

**FAMILY PROGRAM**

**Full Membership**

**Movie Night - "Madagascar 2"**  
**Sunday • 7:30 p.m. • Watson**

**Family Beach Games**  
**Monday • 3:30-5 p.m. • Slim Point**  
Bring your family to the beach for beach games like Water Balloon Toss, Sponge Race, and Sharks & Minnows.

**Family Square Dance**  
**Monday • 7:30-9 p.m. • Outdoor Basketball Courts**  
Stan Burdick calls the steps for a rousing evening.

**Family Art**  
**Tuesday • 7:30-8 p.m. • Craft Shop Pavilion**  
Show your creativity and bring the family to Family Art Night. This program is tailored to children ages 3 and older.

**Family Dodgeball Mania**  
**Thurs/Sat • 7:30-9:30 p.m. • Fisher Gymnasium**  
Mini Dodgeball 7:30-8 p.m. ages 11 and under  
Family Dodgeball 8-8:30 p.m. for whole family  
Elite Dodgeball 8:30-9:30 p.m. ages 12 and up

**Family Scavenger Hunt**  
**Wednesday • 3:30-5 p.m. • Store - Porch**  
Bring your detective skills and try your luck on this campus-wide scavenger hunt.

**Family Sing**  
**Wednesday • 7:30-8 p.m. • Store**  
Join in on Silver Bay songs! Tailored to children ages 5 and under.

**Family Game Night "Bingo"**  
**Thursday • 7:30-8 p.m. • Store**  
It's a family favorite! Tailored for ages 8 and up.

**Family Campfire**  
**Friday • 7:30-8 p.m. • Council Ring**  
**(Rain Location: Fisher Gym)**  
Songs, s'mores and fun for everyone.

**CHILDREN'S PROGRAM**

**Silver Camp Half-Day**  
**Monday - Friday • 8:30-11:30 a.m. • Children's Tent**  
Check-in begins at 8:15 a.m.  
Full Member Rates: \$12/daily, \$35/weekly  
Non-Member Rates: \$19/daily, \$53/weekly

**Robins, Crickets and Wee-Woozles**  
**(Ages 6 weeks - Kindergarten)**  
Ages 6 weeks - Kindergarten meet Monday - Friday at the Children's Pavilion at 8:30 a.m.

**Woozles (1st - 2nd grade)**  
**Chippies (3rd - 4th grade)**  
**Ravens (5th - 6th grade)**  
Grades 1-6 meet Monday - Friday at the Children's Tent at 8:30 a.m.

**Silver Camp Full-Day**  
**Monday - Friday • 8:30 a.m.-3:30 p.m. • Children's Tent**  
Full day-camp is open to children in grades 1-8. In addition to the morning program, participants are offered swim lessons and recreational programs across campus. Guests in cottages or off-campus members should provide a bag lunch for their child; Guests using the dining hall all week may contact the Front Desk to order bag lunches.  
**Registration is required.**  
Full Member Rates: \$25/daily, \$70/weekly  
Non-Member Rates: \$37/daily, \$105/weekly

**\*Please check the Children's Breeze for more info!**

## SUMMER 2010 SCHEDULED PROGRAMS

## SATURDAY June 26 – FRIDAY July 2

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Dip (6:30-7:30) • BB	Morning Dip (6:30-7:30) • BB	Morning Dip (6:30-7:30) • BB	Morning Dip (6:30-7:30) • BB Birdwatching Walk - Tree (6:30-7:30) • Inn (South Porch)	Morning Dip (6:30-7:30) • BB	Morning Dip (6:30-7:30) • BB	Morning Dip (6:30-7:30) • BB Birdwatching Walk (6:30-7:30) • Inn (South Porch) Men's Prayer Breakfast (7:30) • BH
<b>BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m. BREAKFAST 7:30-9:00 a.m.</b>						
Sailboat Screening Test (9-1) • BH Sunrise Mtn. Hike (9-11:30) • NC Archery Instructor Course (9-5) • A USTA Coach Workshop (9-3:30) • C	Comm. Service (8:30) • CH Open Climb (9-11) • F Choir Rehearsal (9:15) • CH Worship Child Care (9:45-11:15) • CP Jabez Pond Hike (9-11:30) • NC Sailboat Screening Test (9-1) • BH Sunday School (10) • CP Worship Service (10) • CH	Child. Tennis Lessons (8-8:30) • C Adult Tennis Lessons (8:30-9:30) • C Silver Camp Start (8:30) • Tent/CP Yoga (8:30-9:30) • F Teen Program (8:30-11:30) • TC Spiritual Direction (9-10:15) • SL Open Climb (9-11) • F Basic Sailing A (9-11:30) • BH Watercolor (9-11:30) • W Teen Art (9-11:30) • W Lost Pond Hike (9-11:30) • NC Int. Rec. Doubles (9-11) • C (Court 3-4) Sailboat Screening Test (9-1) • BH Adv. Rec. Doubles (10-12) • C (Court 1) Intro to Labyrinth (10:30-11:45) • SL	Child. Tennis Lessons (8:00-8:30) • C Adult Tennis Lessons (8:30-9:30) • C Silver Camp Start (8:30) • Tent/CP Teen Program (8:30-11:30) • TC Tai Chi (9-10) • F Int. Rec. Doubles (9-11) • C (Court 3-4) Basic Sailing A (9-11:30) • BH Watercolor (9-11:30) • W Teen Art (9-11:30) • W Bob James Trail Hike (9-11:30) • NC Sailboat Screening Test (9-1) • BH Prayer/Meditation • (10:30-11:45) • SL Adv. Rec. Doubles (10-12) • C (Court 1)	Child. Tennis Lessons (8:00-8:30) • C Adult Tennis Lessons (8:30-9:30) • C Silver Camp Start (8:30) • Tent/CP Teen Program (8:30-11:30) • TC Yoga (9-10) • F Growing Older Gracefully (9-10:15) • SL Int. Rec. Doubles (9-11) • C (Court 3-4) Basic Sailing A (9-11:30) • BH Watercolor (9-11:30) • W Teen Art (9-11:30) • W Rookery Pond Hike (9-11:30) • NC Sailboat Screening Test (9-1) • BH Bible Study (10:30-11:45) • SL	Child. Tennis Lessons (8-8:30) • C Adult Tennis Lessons (8:30-9:30) • C Silver Camp Start (8:30) • Tent/CP Teen Program (8:30-11:30) • TC Sailboat Screening Test (9-1) • BH Tai Chi (9-10) • F Love Languages (9-10:15) • SL Int. Rec. Doubles (9-11) • C (Court 3-4) Basic Sailing A (9-11:30) • BH Watercolor (9-11:30) • W Teen Art (9-11:30) • W Teen Art (9-11:30) • W Book Talk (9-10) • BH Sunrise Mtn. Hike (9-11:30) • NC Food & Spirituality (10:30-11:45) • SL	Child. Tennis Lessons (8-8:30) • C Adult Tennis Lessons (8:30-9:30) • C Silver Camp Start (8:30) • Tent/CP Teen Program (8:30-11:30) • TC Spiritual Practices (9-10:15) • SL Sailboat Screening Test (9-1) • BH Open Climb (9-11) • F Int. Rec. Doubles (9-11) • C (Court 3-4) Watercolor (9-11:30) • W Teen Art (9-11:30) • W Sunfish Race (9 sharp!) • BH Yoga (9-10) • F Bob James Hike (9-11:30) • NC Men's Spirituality (10:30-11:45) • SL 4th of July Parade (11) • Silver Bay Drive
<b>LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m. LUNCH 11:30-1:00 p.m.</b>						
Open Climb (3-5) • F		Silver Camp Full-Day cont. (11:30-3:30) Basic Sailing B (1-4) • BH Chair Caning (1-4) • CR Swim Lessons:Parent-Child/ Polliwogs-Minnows (1:30-2) • SP Uncas Waterfall Hike (2-4:30) • NC Kayak Lesson A (2:30-3:30) • BH Swim Lessons: Fish-Porpoise (1:30-2:15) • BB Family Beach Games (3:30-5) • SP 3 on 3 Basketball (4-5) • C Kayak Lesson B (4-5) • BH	Silver Camp Full-Day cont. (11:30-3:30) Basic Sailing B (1-4) • BH Fused Dichroic Glass (1-4) • CR Swim Lessons:Parent-Child/ Polliwogs-Minnows (1:30-2) • SP Uncas Cliff Hike (2-4:30) • NC Kayak Lesson A (2:30-3:30) • BH Build an Arrow (3-4) • A Open Climb (3-5) • F Swim Lessons: Fish-Porpoise (1:30-2:15) • BB Kayak Lesson B (4-5) • BH	Silver Camp Full-Day cont. (11:30-3:30) Painting with Enamels (1-4) • CR Basic Sailing B (1-4) • BH Swim Lessons:Parent-Child/ Polliwogs-Minnows (1:30-2) • SP Swim Lessons: Fish-Porpoise (1:30-2:15) • BB Skipper Macs Caim Hike (2-4:30) • NC Kayak Lesson C (2:30-3:30) • BH Family Scavenger Hunt (3:30-5) • ST Kayak Lesson D (4-5) • BH Labyrinth Walk (4-5) • OL	Silver Camp Full-Day cont. (11:30-3:30) Swim Lessons:Parent-Child/ Polliwogs-Minnows (1:30-2) • SP Basic Sailing B (1-4) • BH Hudoshone Lean-To Hike (2-4:30) • NC Kayak Lesson C (2:30-3:30) • BH Swim Lessons: Fish-Porpoise (1:30-2:15) • BB Open Climb (3-5) • F Kayak Lesson D (4-5) • BH Archery Team Competition (3-5) • A	Silver Camp Full-Day cont. (11:30-3:30) Swim Lessons:Parent-Child/ Polliwogs-Minnows (1:30-2) • SP Litte Jabez Pond Hike (2-4:30) • NC Archery Individual Competition (3-5) • A Swim Lessons: Fish-Porpoise (1:30-2:15) • BB Labyrinth Walk (4-5) • OL
<b>DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m. DINNER 5:30-7:00 p.m.</b>						
Evening Dip (7-8) • BB Vespers (7:15-7:45) • CH Mini Dodgeball (7:30-8) • F Family Dodgeball (8-8:30) • F Elite Dodgeball (8:30-9:30) • F	Evening Dip (7-8) • BB Hymn Sing (7:15-7:45) • CH Movie Night (7:30) • W Music Recital (8-9) • CH	Vespers (7:15-7:45) • CH Evening Dip (7-8) • BB Open Climb (7-9) • F Square Dance (7:30-9) • C Bridge (7:30-10) • Gullen	Tiny Tennis (4-6yrs) (7-7:30) • C (Court 5&6) Vespers (7:15-7:45) • CH Evening Dip (7-8) • BB Child Watch (7-10) • CP Family Art (3+ yrs) (7:30-8) • CR Lecture Series (8-9) • W	Clout Shoot (7-8) • NF Evening Dip (7-8) • BB Open Climb (7-9) • F Vespers (7:15-7:45) • CH Family Sing (0-5yrs) (7:30-8) • ST Art Series (8-9) • W Bible Study (8-9) • SPR	Child Watch (7-10) • CP Evening Dip (7-8) • BB Ice Cream Presentation (7) • ST Vespers (7:15-7:45) • CH Family Game (6+ yrs) (7:30-8) • ST Mini Dodgeball (7:30-8) • F Family Dodgeball (8-8:30) • F Elite Dodgeball (8:30-9:30) • F	EAF Dessert Reception (7-8) • Erc Evening Dip (7-8) • BB Open Climb (7-9) • F Family Campfire (7:30-8) • Council Ring Vespers (7:15-7:45) • CH Nature Series (8-9) • W

Silver Bay is more than programs and classes. Check the "Daily Operating Hours" on the back page for hours of places like the Boathouse, Nature Center, Fitness Center, Craft Shop and more.  
There's always something to do at Silver Bay!

Our wider community - Hague, Ticonderoga, Bolton and beyond - is rich with lectures, concerts and attractions. Many community events are posted on the bulletin board at the kiosk near the tennis courts. Please take a look to find out about events beyond our shores.