



WELCOME: Guests, Members and Conferees

| <b>Operating Hours</b>   |   |
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| <b>Dinner and a Movie</b>  |   |
| <b>The Visitor</b>   |   |
| <p>Widowed professor Walter Vale (Richard Jenkins, in an Oscar-nominated role) finds himself drawn to a different rhythm when he discovers an immigrant couple, Tarek (Haaz Sleiman) and Zainab (Danai Gurira), squatting in his Manhattan flat and becomes wrapped up in their lives. Hiam Abbass co-stars as Tarek's mother, who forges an unlikely connection with Walter when Tarek is thrown into a detention center. PG-13</p> <p style="text-align: center;"><b>Fri (5/14) 6:00 pm (Brookside Community House)</b></p> <p style="text-align: center;">Suggested donation \$5</p> <p style="text-align: center;">Please RSVP by May 13<sup>th</sup> to <a href="mailto:cdevenger@silverbay.org">cdevenger@silverbay.org</a>.</p> |   |
| <b>Archery</b>   | <b>Hiking Trails</b>  |
| <p>Wonderful activity for guests ages 6 and older</p> <p style="text-align: center;"><b>Sat (5/15 &amp; 5/22) 3:00pm-5:00pm</b></p>  | <p>Over 600 acres of hiking trails at all levels of difficulty and beautiful views of Lake George and the Green Mountains of Vermont.</p> <p>Pick up a map at the front desk and sign in at the trailheads.</p> |
| <b>Boathouse</b>   |   |
| <p>Kayaks, canoes and rowboats.</p> <p style="text-align: center;"><b>Sat (5/22) 1:00pm-5:30pm</b></p>   |   |
| <b>Collins Equipment Center</b>  | <b>Labyrinth</b>  |
| <p>Shuffleboard, horseshoes, tennis courts, outdoor basketball courts, a variety of equipment, puzzles and games!!!</p> <p style="text-align: center;"><b>Daily 9:00am-5:00pm</b></p>  | <p>The Outdoor Labyrinth is available for individual reflection and meditation. Located between Fisher Gymnasium and Slim Point.</p>  |

| Fisher Gymnasium   | Libraries  |
|--|--|
| Enjoy indoor basketball, table tennis, etc...<br><b>Sat:</b> 7:00am-9:00pm<br><b>Sun</b> 7:00am-2:30pm   | Check out books on the honor system from one of the Libraries. Located off Gullen Lounge or the Spiritual Life. Library located in Trinity House.<br><b>Daily</b> 9:00 am – 9:00 pm                  |
| Fitness Center   | Silver Spray   |
| Workout at your own pace on Elliptical, AMT, Treadmills Recumbent Bikes and Cybex Strength Training Equipment.<br><b>Wed-Fri</b> (5/5-5/7) 6:30am-8:00am<br><b>Sat</b> 6:30am-8:00am & 3:30pm-5:30pm<br><b>Sun</b> 6:30am-8:00am   | Take a guided motorboat tour of Lake George with stories about the lake and beautiful views. Sign up in advance at the front desk \$16 for Adults and \$8 for Children<br><b>Sat</b> (5/15&5/22) 2pm |
| Spiritual Life Programs  |  |
| <p><b><u>Weekly Programs</u></b><br/> <b>Mon</b> 11:00 am–12:00pm - Bereavement Group (Spiritual Life Center) Anyone who has lost a loved one is welcome.<br/> <b>Tue</b> 9:00am-10:00am Centering Prayer and Meditation (Spiritual Life Center)<br/> <b>Wed</b> 9:00 am – 10:00am - Weekly Community Prayer (Spiritual Life Center).<br/> <b>Fri</b> (5/7 &amp; 5/21) 9:30 am – 11:00 am - Bi-monthly Reading Group (Trinity Lounge). Come and join us as we discuss our new book “Centering Prayer”.</p> <p><b><u>Monthly Programs</u></b><br/> <b>Fri</b> (5/7) 7:30 am - Men’s Monthly Breakfast (Store) All men are welcome!</p> <p><b><u>Special Offerings</u></b><br/> <b>Deepening in the Spirit</b> – Please call the Spiritual Life Center at Ext. 293 to schedule an appointment for individual sessions for directed meditation, pastoral counseling or spiritual direction.<br/> <b>Open Door Soup Kitchen</b> – We are looking for volunteers to help serve lunch on April 6, at the Soup Kitchen in Glens Falls. Please call Ext. 293 to sign up!</p> |  |