

# the breeze

SILVER BAY  
YMCA of the Adirondacks

Spring 2011  
April 8<sup>th</sup> – June 24<sup>th</sup>

Program and Activities Schedule	
Archery	
Guests ages 6 and older may participate.	Opening May 14th Sat. 3:30pm – 5:30 pm
Boathouse	
Full-members have access to kayaks, canoes, and rowboats.	Opening May 21 <sup>st</sup> Sat. 1:00pm-5:30pm
Climbing Wall	
Test out our 24' Indoor Climbing Wall. \$75/hr Children under 18 must have a waiver by a signed parent or guardian.	Must be arranged 2 weeks prior to arrival Contact Erin Grayson 518-543-8833 ext 316 egrayson@silverbay.org
Collins/Tennis	
A variety of athletic equipment plus games & puzzles!	Opening April 30 <sup>th</sup> Daily 9:00am-9:00pm
Dinner and A Movie	
Brookside Community House 6pm Dinner (Pizza or Soup) w/movie to follow. This Program is open to all members and non-members with a suggested donation \$5 RSVP at cdevenger@silverbay.org or 518-543-8833 ext 215	<b><i>The Boy in the Striped Pajamas</i></b> April 8 <sup>th</sup> PG-13 93 Minutes  <b>Up</b> May 13 <sup>th</sup> G 96 Minutes
Fisher Gymnasium	
Enjoy basketball, volleyball, indoor soccer, & ping pong	Fri. – Sat. 9:00am-9:00pm Sun. 9:00am – 12:00 pm
Fitness Center	
Open time is available to workout on Cardio & Cybex machines.	Sat. 3:30pm-5:30pm
Gift Shop	
Bring home a Silver Bay memory. Hours posted on the door.	
Hike Trails	
There are hiking trails at all levels of difficulty. Please pick up a trail map at the front desk.	
Library	
Located in the Inn off Gullen Lounge. Enjoy our collection of books.	
Meals	
Our buffet style of service provides a variety of options for breakfast, lunch and dinner. Please contact us prior to arrival if you have any food allergies or special dietary needs.	Coffee: 6:30am-7:30am Breakfast: 7:30am-8:30am Lunch: 12:00pm-1:00pm Dinner: 5:30pm -6:30pm

Silver Spray

Opening May 14<sup>th</sup>

Enjoy a tour of Lake George, on our "New" tour boat. Sign up at the front desk.

Spiritual Life

Silver Bay's Spiritual Life Center is located on the ground level of Trinity House.

Thurs. 10:00am – Bereavement Group

Fri. 9:30am – Biweekly Reading Group 4/1, 15 & 29; May 6 & 20; June 3 & 17

(12 Steps to a Compassionate Life by K. Armstrong) – While compassion is intrinsic in all human beings, each of us needs to work diligently to cultivate and expand our capacity for compassion.

Fri. 7:30 am – Men's Prayer Breakfast (April 1<sup>st</sup>, May 6<sup>th</sup>, June 3<sup>rd</sup>)

Walk the Labyrinth – located by Liz Gray Pavilion

Pastoral Support and Spiritual Direction available call 518-543-8833 ext 293 to make an appointment with one of our chaplains or counselors.

Worship Services

**Sun. May 22<sup>nd</sup> Rev. Bruce Tamlyn – United Church of Christ**

Chaplain Silver Bay YMCA, Silver Bay, NY

10:00am Chapel

**Sun. May 29<sup>th</sup> Rev. Paul Johnson**

Unitarian Universalist Church Shelter Rock, Manhasset, NY

9:00am Chapel

**(UU Conference)**

**Sun. June 5<sup>th</sup> Rev. Michael Piazza**

Dean of the Cathedral of Hope UCC, Dallas, TX

10:45am Auditorium

**(UCC New York Annual Meeting)**

**Sun. June 12<sup>th</sup> Rev. Bruce Tamlyn with Noel Paul Stookey**

9:00am Chapel

**(The Humor Conference)**

**Sun. June 19<sup>th</sup> Rev. Bruce Tamlyn**

**9:00am Chapel**

*All Worship Services are open to the community*

Special Weekends

**Spring Work Weekend**

**May 20-22**

Join the Silver Bay Council "Tidy Times" as they prepare the campus for the summer through a variety of projects from building picnic tables to tending to the gardens.

"Special Rates Apply"

For more information contact Michael McCord at 518-543-8833 ext 307 or mmccord@silverbay.org.

**Memorial Day Family Weekend**

**May 27-30**

Join us for Memorial Day weekend for a variety of seasonal activities: including crafts, family games and extended program hours at the boathouse, fitness center, archery, climbing wall, Silver Spray etc...

**To make a reservation call us at 888-758-7229 ext 350 or email us at [reservations@silverbay.org](mailto:reservations@silverbay.org)**

Summer Program June 25<sup>th</sup> – September 5<sup>th</sup>

See the program brochure for more information

*All programs are for on-campus guests and program members unless otherwise noted.*

*Please wear your badge while you are on campus.*

*Schedule is subject to change*