

the breeze

SILVER BAY
YMCA of the Adirondacks

FRIDAY, AUGUST 19–SUNDAY, AUGUST 21, 2011

Daily Operating Hours	
Archery	
Guests ages 6 and older may participate in our daily program.	Sat. 1pm-5pm
Beach	
Bring the family for swimming fun during beach hours!	Daily: 10am-12pm, 1pm-5:30pm
Boathouse	
Full-members have access to kayaks, canoes, rowboats and sailboats	Daily: 8:30am-5:30pm
Collins/Tennis	
A variety of athletic equipment is available as well as games and puzzles!	Daily: 9am-9pm
Fisher Gymnasium	
Enjoy basketball, volleyball, indoor soccer, ping pong, badminton, dodgeball	Daily: 9am-9pm

Fitness Center	
Open time is available to work out at your own pace on our Cardio and Cybex machines.	Daily: 7am-8am, 10am-12pm, 3:30pm-5:30pm
Gift Shop	
Show your loved ones you care by purchasing an item from our shop.	Fri. 10am-6pm Sat. 10am-7pm Sun. 11am-5pm
Hike Trails	
There are hiking trails at all levels of difficulty. Please pick up a trail map at the front desk. And sign in at the Trail Head	
Labyrinth	
The outdoor labyrinth is always available for individual reflection and meditation. Located between Fisher Gymnasium and Slim Point.	
Library	
Enjoy our collection of books.	Daily: 9am-9pm
Store	
Offering crepes and coffee in the morning and ice cream in the evening.	Daily: 7:30am-10:30am 8pm-10pm Store closes 8/22 for the season
Sunday Worship	
Preaching this week, Rev. Bruce Tamlyn. <i>Child Care for ages 4 & under 9:45am-11:15am at the Children's Pavilion</i>	Communion 8:30 am Choir Rehearsal 9:15 am Worship 10-11 am
The Expedition Boat Tour	
Learn about Lake George on our Tour Boat \$16/Adult \$8/Children.	Sign up at the front desk.