

the breeze

SILVER BAY
YMCA of the Adirondacks

FRIDAY, SEPTEMBER 3—MONDAY, SEPTEMBER 6, 2010

Weekly Newsletter of everything you can do at Silver Bay



WELCOME

Armstrong Family Reunion
Faith and Love Fellowship
Haight/Schmidt Wedding
Members and Guests
New Bethel Church
St. Rose Student Events Board
Worldwide Missionaries

Spiritual Life

Communion

Sun. ♦ 8:30am ♦ Chapel

Worship Service

Sun. ♦ 10am-11am ♦ Chapel
Reverend Bruce Tamlyn

Family Programs

Playdough Pictionary

Fri. ♦ 8 pm–9 pm ♦ Store

Quiz Nite - SPROCKEL

Sat. ♦ 8pm–9pm ♦

Store Join us for a night trivia and fun.

Movie – The Blind Side

Sat. ♦ 7pm-9pm ♦ Watson

Oversized African American Michael Oher (Quinton Aaron), the teen from across the tracks and a broken home, has nowhere to sleep at age 16. Taken in by an affluent Memphis couple, Leigh Anne (Sandra Bullock) and Sean (Tim McGraw), Michael embarks on a remarkable rise to play for the NFL. 2009 PG-13 126 minutes.

Family Campfire

Sun. ♦ 7:30pm-8:30pm ♦ Council Ring
S'Mores, Fun and Songs

Programs and Activities

Archery	Archery Hours
Guests ages 6 and older may participate.	Fri.-Sun. 9am-12pm, 1pm-5pm Mon. 9a-12pm
Beach	Beach Hours
Bring the family for swimming fun during beach hours!	Fri. - Sun. 10am-12pm, 1pm-5:30pm Mon 10:00am-12pm
Boathouse	Boathouse Hours
Full-members have access to kayaks, canoes, rowboats and sailboats.	Fri. 9:00am-12:00pm, 1:00pm-5:30pm Sat. 7:00am-12:00pm, 1:00pm-5:30pm Sun. 9:00am -12:00pm, 1:00pm-5:30pm Mon. 9:00am-12:00pm
Climbing Wall	Climbing Wall Hours
\$8 per session per participant. Children under 18 must have a waiver signed by parent/guardian. Sign up at the Front Desk located	Sat. 3:30pm-5:30pm Sun. 3:30pm-5:30pm
Collins/Tennis	Collins Hours
A variety of athletic equipment is available as well as games & puzzles!	Fri.-Sun. 9am-9pm Mon. 9am-12pm
Fisher Gymnasium	Fisher Gymnasium Hours
Enjoy basketball, volleyball, indoor soccer, & ping pong	Fri.-Sun. 9am-9pm Mon. 9am-12pm
Fitness Center	Fitness Center Hours
Open time is available to work out at your own pace on our Cardio and Cybex machines.	Fri.-Sun. 7am-8am, 10am-12pm, 3:30pm-5:30pm Mon. 7am-8am, 10am-12pm,
Gift Shop	Gift Shop Hours
Show your loved ones you care by purchasing an item from our shop.	Hours are posted on the gift shop door.
Hike Trails	Guided Hikes
There are hiking trails at all levels of difficulty. Please pick up a trail map at the front desk.	Sat. 1pm-3pm Jabes Pond Sun. 1pm-3pm Uncas Cliff Meet at the Flag Pole
Library	Library Hours
Enjoy our collection of books.	Fri.-Sun. 9am-9pm Mon. 9am-12pm
Silver Spray	Silver Spray Hours
Learn about Lake George aboard our classic mahogany launch.	Sign up at the front desk.
Store	Store Hours
Offering crepes and coffee in the morning and ice cream in the evening.	Daily 7:30am-10:30am, 8pm-10pm