



20% Off Your First Stay

Are you planning your retreat to Silver Bay?

Remember - this year there is a discount of 20% off your first stay on campus. Visit our website www.silverbay.org to plan your stay, then mention discount code 455 when making your reservation. We look forward to seeing you!

Kids Camps at Silver Bay

Silver Bay is now accepting registration for the 2009 Summer Camp season. Silver Bay offers three options serving children ages 6 weeks through 12th grade in sessions from June through August.

Silver Bay also offers daily afternoon Swim Lessons for children ages 2 and up.

Financial assistance is available to cover camp fees for year-round resident families from Warren and Essex Counties, as well as the Town of Putnam.

Holiday Themes

Plan to spend *your* summer with Silver Bay at one of our "theme holidays." Silver Bay has lined up activities and speakers on five fun and educational topics.

June 28 - July 4 is "**Got to Dance**" with lessons, movies, demonstrations and - of course - dancing! Special guest instructors: David & Nina Endicott, the team that inspired "Strictly Ballroom."

July 5-11 "**Be Healthy.**" Relax with Silver Bay and then some - Yoga, Tai Chi, tennis, clinics on stress management, nutrition and health.

July 8-11 is "**Leadership Forum**," a seminar - in its 91st year at Silver Bay - uniting people committed to improving the workplace and our world.

July 9-11 Silver Bay hosts "**Tennis Extravaganza**" with professional coaching for the intermediate to advanced

Art of Spiritual Guidance

May 1-3 saw a rich and spirited group on campus for a Discernment Retreat - the opening event of the Art of Spiritual Guidance Training Program to be held this fall at Silver Bay

Participants in the retreat weekend came from as far away as Maryland and as near as area summer homes. Healers, ministers, counselors, and others at a transition point in life - all came with a desire to explore the call to the ministry of a spiritual director. All participants in the retreat weekend have signed up for the 18 weekend session which begins meeting monthly in September.

"Spiritual direction is a call, a blessing, and a gift," said Carol A. Fourneir, leader of the program. "Spiritual guidance is being present in the moment, seeing and honoring the sacred mystery of the soul of another."

If you feel called to spiritual

"Silver Camp" offers children a half- or full-day of supervised games, music, crafts, fitness and making friends!

And Teen Programs, open to children entering grades 7-12, are offered Sunday evening through Friday.

There are 9 weekly sessions in the 2009 season, beginning with Session 1 from June 22-26 and ending with Session 9 from August 17-21. Parents may register their children for any and all of the sessions.

For more information, contact Children's Program Director Jackie Palandrani at 518-543-8833, ext. 210 or jpalandrani@silverbay.org.

player in three days of drills, stroke analysis and match play.

August 16-22 "**Get Crafty**" as the Silver Bay Craft Shop takes center stage with workshops on watercolor, stained glass, sterling silver jewelry, pottery, weaving, flower arrangement, "floor clothes," and more.



guidance, have a desire to depend your spiritual journey and walk with God, or would like to integrate an understanding of spirituality into your work or ministry, join us in September.

Applications are encouraged early and are accepted until the program is full. More information about the program is online at [Art of Spiritual Guidance at Silver Bay](#) webpage.

Memorial Day Wrap-Up

Silver Bay kicked off the summer season with a jam-packed weekend and a rousing appearance in the Hague Memorial Day Parade.

On campus, summer favorites like the Boathouse and Archery Field opened their doors for the 2009 season.

The Shelter Rock Universalist Unitarian Church was on campus for the weekend, taking part in family activities like dodgeball, a scavenger hunt and a campfire.

Off campus, Silver Bay entered three golf carts in the Hague Memorial Day Parade. The carts were decked out with American flags and bunting and carried the words "spirit" "mind" and "body."

"It was great fun," said Interim CEO Vincent Smith. "There were a lot of people, Silver Bay was extremely well represented and was one of the highlights of the parade."

Strong Kids

Strong Families

Strong Communities